

## Substance Use Disorder Program Components

- Substance Use Disorder Curriculum (~28 days)
- Individual Therapy
- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy Skills
- Family & Marriage Therapy
- Interpersonal Process Group
- Mindfulness
- Medication Assisted Therapy (MAT)
- Motivational Interviewing and
- Motivational Enhancement Therapy
- Occupational Therapy
- Peer Support Recovery Groups
- Alcoholic Anonymous©
- Narcotics Anonymous©
- Sex Anonymous©
- SMART Recovery©
- Pain Management
- Physical Training
- Psychological Assessment
- Recreational Therapy
- Relapse Prevention
- Spiritual Counseling
- Stellate Ganglion Block (SGB)
- Substance Use Disorder Medical Education
- Total Force Fitness Model
- Transcranial Magnetic Stimulation (TMS)

**Residential Treatment  
Facility 300 East Hospital  
Road  
Fort Gordon, Georgia**

**Govt Cell 706-267-7400 and  
office # 706-787-8672**



## Residential Treatment Facility



***Dwight David Eisenhower Army  
Medical Center***

**Bldg. 300 E. Hospital Road  
Fort Gordon, GA  
706-787-5811**

**<https://eisenhower.tricare.mil/>**

## Program Overview

Eisenhower Residential Treatment Facility (RTF) provides Residential (ASAM Level 3.5) healthcare services to treat substance abuse and co-occurring psychological disorders (Dual Diagnosis). The primary objective of the program is to provide comprehensive, evidence-based treatment to restore functioning and return Service Members to unrestricted duty status.

We provide a safe and structured environment to assist Service Members with recovery addressing health and psychological factors related to substance misuse.

While in treatment, the care team will work together to develop a treatment plan that is holistic and individualized. The treatment plan incorporates integrated therapies and services to address all aspects of addiction.



## Referral Process

Referrals are accepted from Licensed Independent Providers within Air Force Alcohol and Drug Abuse Prevention and Treatment (ADAPT), Army Substance Use Disorder Clinical Care (SUDCC), Navy Drug and Alcohol Program Advisors (DAPA), and Marine Corps Substance Abuse Counseling Centers (SACC).

Service Members must be enrolled in the service equivalent SUD program and meet criteria for DSM-5-TR diagnosis of Substance Use Disorder, Moderate or Severe. Providers are required to submit a referral packet for RTF Screening and have written authorization from their unit Commander.

For the referral packet and any additional information, please reach out to the

**Nurse Case Manager**

### Telephone Contact

Govt Cell 706-267-7400 and office #  
706-787-8272

Please send your referral or any questions  
via encrypted e-mail to:

**usarmy.gordon.medcom-eamc.ist.rtf-  
referral@health.mil**

**We Provide Specialized Residential  
Substance Use Treatment for Active Duty  
Service Members**



## Patient Testimonial

*"I can't say enough about how Eisenhower RTF has positively impacted my life. The RTF gave me a chance to have my life back and provided me with a toolkit to sustain my mental health and sobriety. The transformation and growth that the RTF provided went above and beyond my expectations and are something that will carry on with me for the rest of my life."*

*I felt a personal connection with the staff and leadership because they put my recovery first."*